

education

Master of Social Work, Specialization in Health Care, Focus in Community & Organizational Services
University of Washington, Seattle, WA, 1991

Bachelor of Arts, Social Welfare
University of Washington, Seattle, WA, 1990

Associate in Arts and Sciences, Focus in Nursing
Shoreline Community College, Shoreline, WA, 1987

credentials

Licensed Independent Clinical Social Worker – # LW00007112 (LICSW)
Geriatric Mental Health Certificate, University of Washington
Certified Care Manager (CMC) National Academy of Certified Care Managers
Certified Professional Guardian, Washington State Supreme Court

professional memberships

National Association of Social Workers
National Association of Professional Geriatric Care Managers
National Guardianship Association
National Private Duty Association
Washington Private Duty Association

professional leadership

National Association of Professional Geriatric Care Managers

Board of Directors (2010-2011) At Large Member, Executive Committee (2011)
Working Group Leader for Education (2011) Recipient of the B.J. Curry Spitler Community Service Award (2010) Connectivity Taskforce Chair (2010)
Webinar Committee (2010) Standards of Practice Committee (2010- present)
Sponsorship & Market Research Taskforce (2010) Ethics Taskforce (2008 – 2010)
Alternative Dispute Resolution Committee (2009)
Western Region Conference Marketing & Sponsorship (2009)
Inside GCM - Editorial Committee Member (2008-2009)
WA State Western Region GCM Unit Group, co-chair (2008 – 2010)

City of Bellevue Network on Aging Advisory Council (2009- present)

Vice Chair (2010) Education subcommittee: Elder abuse awareness project
Community needs assessment survey subcommittee, co-chair
Advocacy subcommittee, co-chair: legislative advocacy

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City of Kirkland Senior Advisory Council (2005-2007)

Vice Chair (2007) Affordable Housing Initiative
Team leader – video production: neglect & self-neglect
Team leader – community falls prevention campaign

professional experience

Aging Wisdom, *Principal*, Certified Care Manager, Home Care Administrator (2004-present)

King County Guardian Ad Litem (2008-2009)

Evergreen Hospice, *Case Manager* (2004-2007)

Evergreen Senior Health Specialists, *Clinic Manager* (2001-2004)

Evergreen Emergency Department, *Lead Social Worker* (1995-2001)

Evergreen Hospital, *Medical Social Worker* (1992-1995)

Evergreen Care Network, *Care Coordinator/Hospital Liaison* (1992-1994)

Stevens Hospital, *Per Diem Medical & Psychiatric Social Worker* (1998-2000)

Robert E. Guyer, MD, *Medical Assistant* (1983-1991)

appointments

Affiliate Instructor, University of Washington School of Social Work (1999-2007)

publications/alternative media

Gray, J. *Protecting Hospice Patients: A new look at falls prevention*. Am J Hosp Palliat Med 24; 242. DOI: 10.1177/1049909106298721. (2007).

Gray, J. Falls; *Primary Cause of Most Kirkland Trauma Injuries*. Kirkland Reporter. Sept. 12, 2007.

Gray, J. *Turning the Spotlight on Elder Abuse*. (For the Bellevue Network on Aging) Bellevue Reporter. May 19, 2009.

Gray, J. *Care Manager as Guardian: Ethical dilemmas of dual practitioners*. Inside GCM Summer 2010; Vol 21. No. 3

Elder Abuse: Neglect & Self Neglect, Video – Script by J. Gray & M. Wilkins. Produced by the City of Kirkland Senior Council: J. Gray, D. Wahl, A. Mussman & D. LaRue. Released January, 2008 for K-life, K-gov and Bellevue television. Multi award winning community education video.

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presentations & workshops

Aging Changes: What's Normal & What's Not?

Peter-Kirk Community Center, Kirkland, WA, June, 2006

Assistance with Resistance: Promoting Change with Your Aging Parent

Ida Culver House, Ravenna, Seattle, WA ~ Panel participant. November 2006

Baby Boomers & Beyond: Helping clients with their aging parents.

Cascadia Training for Mental Health Professionals and Professional Guardians. Full Day Workshop. Edmonds, WA. March 2011

Convalescent Care – What Medicare Covers & How Medicaid Can Fill the Gaps

LakeVue Gardens Convalescent Center, Kirkland, WA, May, 2007

Dementia Explained

Peter-Kirk Community Center, Kirkland, WA, August 2006

Elder Abuse: The Silent Scream – Identifying, Reporting & Intervening to Stop Vulnerable Adult Abuse

Antioch University, Seattle: Counseling Program – Clinical Treatment of Older Adults & Families, March 2009

Elder Mediation: The Geriatric Care Manager's Role

City of Bellevue Elder Mediation Training Program ~ Panel Participant, September 2008

Ethics in the Trenches – Conference Intensive (4 hours)

The National Association of Professional Geriatric Care Manager's 25th Annual Conference, Chicago, IL, April 2009

Finding the Best Long Term Care Solution

Peter-Kirk Community Center, Kirkland, WA. , July 2006

Chinese Evangelical Church, Seattle, WA (with interpreter), November 2005

Journey's End: Decisions, Ethics & Care at the End of Life

South Bellevue Community Center – full day

NAPGCM Code of Ethics: A Framework for Ethical Decision Making

The National Association of Professional Geriatric Care Manager's 27th Annual Conference, New Orleans, LA. May 2011

Surviving the Holiday Blues

Ida Culver House, Ravenna, Seattle, WA, November, 2005

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Understanding Hospital Discharge Planning

Peter-Kirk Community Center, Kirkland, WA, May 2006

When Autonomy Hurts: An Ethic of Care in a Fiercely Independent Society

Evergreen Care Network, April, 2011 The National Association of Professional Geriatric Care
Manager's 27th Annual Conference, New Orleans, LA., May, 2011

Why Use a Medical Interpreter?

Evergreen Emergency Department, Kirkland, WA ., October 2001 Evergreen Medical Group,
Clinic Managers, Kirkland, WA, April 1999

